

Preparedness Activities / Checklist

- Create an Emergency Plan**
 - Have emergency contact information near the phone
 - Show family members how to turn off water, gas and electricity
 - Pick two emergency meeting places.
 - Keep family records in a water and fire-proof container.
- Prepare a Disaster Supplies Kit** (See inside of brochure for some suggested items.)
- Do a home hazard hunt**
 - Repair defective wiring and gas connections
 - Fasten shelves securely
 - Place large objects on lower shelves, not overhead
 - Strap water heater to wall studs
 - Hang mirrors and pictures away from beds
 - Repair ceiling or foundation cracks
 - Store chemicals (including weed killers, pesticides and flammable products) away from heat sources
 - Properly dispose of chemicals you don't need
 - Clean and repair chimneys, flue pipes, vent connectors and gas vents
- Have a fire safety plan and practice it**
- Get training:**
 - Community Emergency Response Team
 - First Aid
 - CPR

The next time disaster strikes, you may not have much time to act. Prepare now for a sudden emergency.

Like every area in the world, the Puget Sound region is vulnerable to multiple hazards. They are both natural and man-made, and we need to be prepared to deal with these hazards and their aftermaths.

Take time to assess your neighborhood for these risks, and develop an all-hazards plan.

Learn how to protect yourself and cope with disaster by planning ahead. This checklist will help you get started.

Discuss these ideas with your family and prepare an emergency plan. Post the plan where everyone will see it, and practice the plan.

For more information, check the following websites:

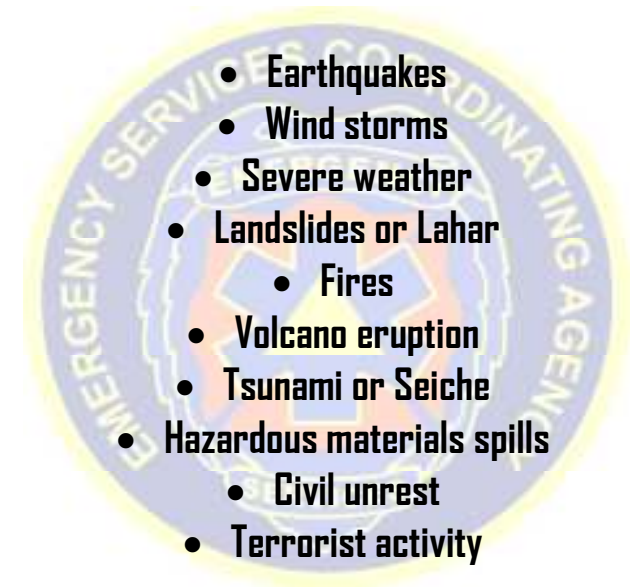
- www.fema.gov
- www.redcross.org
- emd.wa.gov
- www.escal.com

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ALL-HAZARDS EMERGENCY PREPAREDNESS CHECKLIST



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Coordinating Agency (ESCA)

